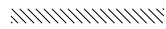


How to Support New Teachers During COVID-19



- » Listen to them.
- » Acknowledge and validate their concerns and fears while sharing our own joy in our chosen profession.
- » Make room for things to go better than planned, remembering some of the silver linings we have all found in quarantine.
- » Make room for things to go worse than planned.
- » Open ourselves up to being friends with them, even with fewer opportunities for socializing.
- » Allow ourselves to be vulnerable about how unprepared we feel by making it clear that their fears or feelings of failure are not just them but all of us this year.
- » Remember lots of them are going home to empty apartments and may have been for months.
- » Respect the fact that they may have different parameters for safety in their lives outside of school.
- » Instead of providing them with solutions, allow them to find their own.